

## CBWC Women in Focus Ministry Idea

**“LIFT”** is the name of a new ministry that the women of Claresholm, AB, have been trying this fall. LIFT stands for Ladies Informal Fun Tuesday. The first Tuesday of each month, women gather at the church and then separate into five different activity groups. Each activity has a hostess to guide the group. The activities are UFO’s (unfinished objects), Music, Photo Albums or Scrap-booking, Cooking, Paper/Card Making. The idea of LIFT is to offer an informal activity that provides a starting point for inviting the community and un-churched to a safe and friendly environment. It is a place to build relationships through fun and meaningful conversations. Twice a year, they also hold UP-LIFT, an inspirational sister to LIFT whose goal is to encourage and up-lift Christian women. For information and ideas, ask Brenda Eberl at

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