

B.C. Baptist Women's Retreat On the Sunshine Coast

Fri. Oct. 3 – Sun. Oct. 5, 2008

Main Speaker: Jackie Ayer

“Be the One”

“I can do all things through Christ who
strengthens me.” Philippians 4:13

“Restored”, “Refreshed”, and “Refocused”

Location: Camp Sunrise (next to
the Langdale Ferry Terminal)

Women of all ages (19 & up) are
welcome regardless of church
affiliation. You are encouraged to invite
a friend.

***space is limited, register now for early bird
discount***

Our main speaker, Jackie Ayer is a
stress management strategist and
workshop facilitator with 15 years
experience in equipping groups
and individuals with strategies for
healthy living. She trains trainers
for *Invest in Kids* (a national
organization dedicated to parent
education) and owns a small
business called *Life Matters*.
Jackie is committed to seeing
women discover their relationship
with Jesus Christ and embrace the
adventure He has called them to.
She lives in Chilliwack with
husband Rob and their two
children, Joshua and Cailey.

Workshops:

“Knitting Prayer Shawls”
with Jody Flatt

“Reaching out to Single Moms”
with Francesca Acosta of
‘Open Door’

**Keep Fit & Prayer Time will be
offered on Sat. a.m.**

**Saturday night talent show!
Come prepared to entertain,
amuse or astound!**

(Stage/performance participation is optional)

2008 B.C. Baptist Women's
Retreat On the Sunshine Coast!

Send one registration form per person, please!

NAME: _____

ADDRESS: _____

CITY: _____

POSTAL CODE: _____

PHONE: _____

EMAIL: _____

HOME CHURCH: _____

Specific Medical Requirements:

Special Dietary Concerns:

Special requests for cabin mates:

Do you require a lower bunk?

No ___ Yes ___

Priority given to those with medical concerns

REGISTRATION INFORMATION:

Send registration form (one form per person) along with:

Early Bird (before August 31/08):

Fee: \$110

Late (after September 1/08):

Fee: \$135

Option: \$50 deposit plus cheque post-dated up to Sept. 15/08 for balance.

Make cheques payable to the
' Baptist Women's Retreat'

And mail to Cheryl Casorso
6148 Fairway Ave.
Sechelt, BC
VON 3A5

Phone: 604-885-0437

PLEASE NOTE: Deposit is non-refundable. No cancellations after Sept. 15/08. No substitutions without contacting the registrar. If you must cancel, please contact the registrar immediately.

Transportation to Camp Sunrise

Take the BC Ferry from Horseshoe Bay to Langdale and walk to Camp Sunrise. Shuttles will be available for those who need a ride.

Meeting Time: 12:30 PM

SHARP!

Friday, October 3, 2008

At the Foot Passenger area of Horseshoe Bay Ferry Terminal

We will be catching the 1:15 pm ferry and **you** will need to cover the cost of the ferry fare. (Approx. \$11 which is only paid once for return trip)

Return in Horseshoe Bay:

Approximately 3:30 – 4:00 pm on Sunday, October 5, 2008

We will be catching the 2:20 p.m. ferry. See you at the boat!!

Parking is \$40? per weekend so consider car-pooling or taking transit or getting dropped off.

Arriving later than 3:30 ferry you need to get dinner on your own.

Dinner will be served at Camp at 5:30

Suggested items to bring: Bible, sleeping bag, pillow, fitted single sheet, flashlight, notebook, pen, camera, last years pictures, sunglasses, warm casual clothing, flat soled shoes, light jacket, polar fleece, sweatshirt, exercise clothing, towels, facecloth, soap, personal toiletries, talent night props, good jokes and skits, \$10 for craft and \$ for 'Tuck Shop' (store where you can purchase souvenirs and snacks), a personal mug, board game, rain jacket, boots and earplugs.

Please be advised that what you pack is what you carry.

To avoid damage or loss, PLEASE make sure your luggage is clearly labeled and securely closed.

We look forward to your arrival,

Your Retreat Committee:

Cheryl Casorso (Registrar) 604-885-0437

Martha Schroth (Chairperson)

604-886-8545

Marleen Bahr (Co-Chairperson)

604-988-3509

Barbara Aebi (Treasurer) 604-885-7119

Suzanne Spohn (Secretary)

Emergency Contact during weekend:

Martha Schroth

604-740-1489